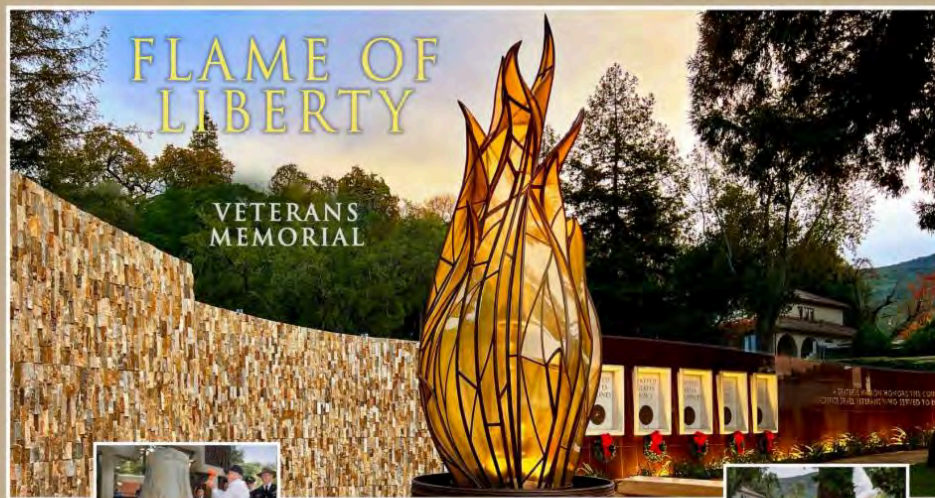


THE FLAME OF LIBERTY TIMES



A GRATEFUL NATION HONORS THE COURAGE AND SACRIFICE OF ALL VETERANS WHO SERVED TO ENSURE OUR LIBERTY

Improving Lives One Veteran at a Time.

Welcome!

It is with great pride and gratitude that we welcome you to the inaugural edition of *The*



Donate Today

Flame of Liberty Times, a newsletter dedicated to honoring and supporting veterans, first responders and their families. This platform was created to celebrate the strength of our community, share valuable resources, and provide updates on programs and initiatives designed to enrich the lives of those who have served our country.

With each issue, we'll bring you inspiring stories, expert advice, opportunities to connect with others who share a commitment to the veteran experience and Foundation news relative to our support endeavors. Whether you're a veteran yourself, a family member, or an ally, *The Flame of Liberty Times* is here to keep you informed and empowered.

In this issue, we invite you to learn about:

- Veterans, Valor, and the Vision that went into the creation of the Veterans Memorial & Support Foundation and our journey.
- Veterans Support Breakfast - Dr. Clyde Horn, a Vietnam War Army Infantry Veteran, licensed therapist, and Board Member, hosts a Veteran Support Breakfast every Friday morning. During these meetings, veterans come together to discuss issues of interest and explore topics related to emotional healing.
- Faces of Courage - We will acquaint you with stories of those who've served. Please meet our President, Major General Kent Hillhouse, U.S. Army (Ret.)

Thank you for being part of this journey. Together, we can grow a stronger, more connected community for America's Heroes.

Explore Ways to Give

Create a brighter future for our local military service members, veterans and their families.

Create history. Be part of the legacy.

Donate your time, talent or treasure. Your donation is an investment in America.

The Veterans Memorial & Support Foundation is a 501(c)(3) nonprofit.

Upcoming Events



VETERANS, VALOR, AND VISION: Stand Up for Freedom

Interactions with Wounded Warriors at Fort Sam Houston and experiences with military personnel at various global bases deeply impacted one foundation board member, instilling a profound understanding of the sacrifices made by America's service members and their families. That perspective, fueled and combined with the inspiration of others, led to the creation of the Veterans Memorial & Support Foundation, whose core mission is to honor and support veterans and their families while educating the public about their enduring commitment to America's freedom.

Following years of persistent effort, the Foundation successfully built and dedicated The Flame of Liberty Memorial in Los Gatos, California, a tribute to active service members, veterans, first responders, and 9/11 heroes. Throughout its history, the Foundation has continued to serve veterans with programs to include educational events, support breakfasts, care packages for deployed troops, and more. Discover the inspiring journey of the Veterans Memorial & Support Foundation through a compelling story told in both words and photos.

[Read Article](#)

ARE YOU A VETERAN?

START YOUR DAY ON THE SUNNY SIDE UP

VETERANS SUPPORT BREAKFAST

**Friday Mornings
9:00 AM**

Denny's Restaurant
1140 Hillsdale Ave., San Jose

Phone
833-HonorAVet
833-466-6728
or scan to Register!


VETERANS MEMORIAL & SUPPORT FOUNDATION

Where Courage and Compassion Intersect.

<https://honoravet.org>

UNLOCK THE POWER WITHIN

Dr. Clyde Horn, a Vietnam Infantry Army Veteran, Purple Heart recipient, and licensed therapist, uses his experiences and expertise to help fellow Veterans through the Veterans Memorial & Support Foundation's weekly Veterans Support Breakfasts, where they connect, heal, and navigate challenges like PTSD and discuss issues of interest to Veterans. We invite you to learn more and join us to walk this journey together.

[Read Article](#)

[Learn More & Register to Join](#)

CLYDE'S CORNER



TRAUMA

Trauma is a life-altering experience that impacts the mind, body, and relationships, often leading to Post Traumatic Stress Disorder (PTSD) with symptoms such as intrusive memories, nightmares, and hypervigilance. Licensed therapist Dr. Clyde Horn emphasizes that seeking support is essential for recovery and that overcoming PTSD requires courage, with the reassurance that hope for healing is always possible.

[Read Article](#)

FACES of COURAGE

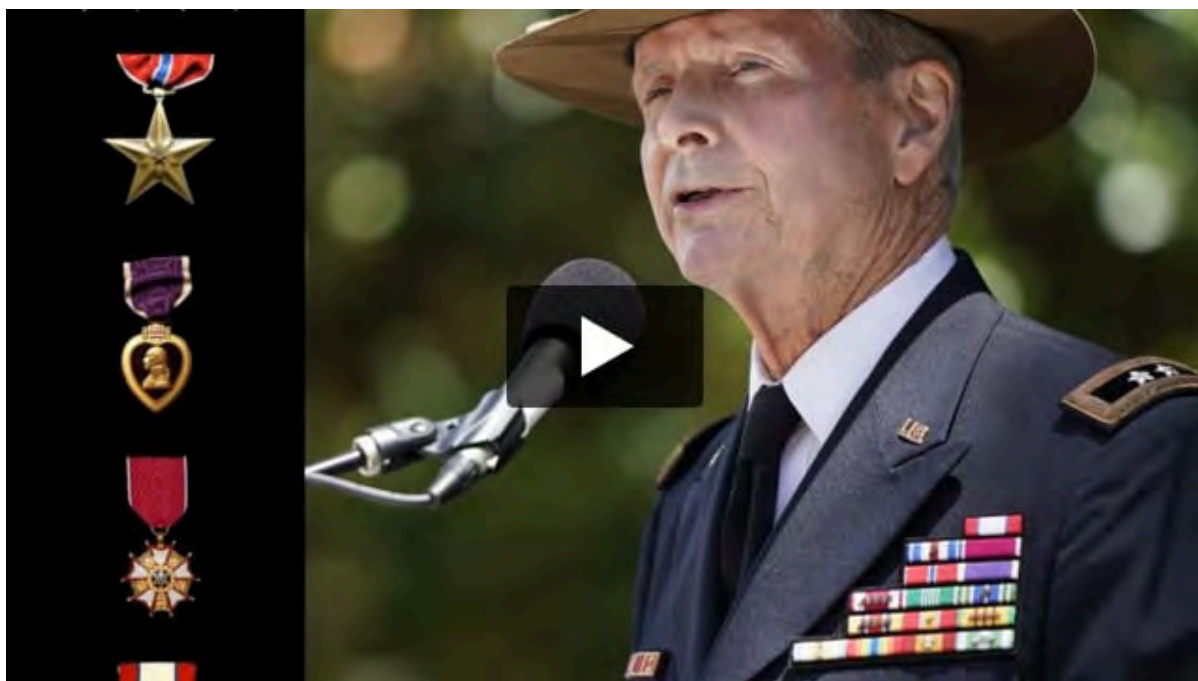
Vietnam War Veteran
President, Veterans Memorial & Support Foundation
Major General Kent Hillhouse, U.S. Army (Ret.)

The Veterans Memorial & Support Foundation salutes all
VIETNAM WAR VETERANS this month. *DID YOU KNOW...*

In 2012, President Obama signed a presidential proclamation designating March 29 as the annual observance of National Vietnam War Veterans Day. March 29 is a fitting choice for honoring Vietnam Veterans. On March 29, 1973, America dismantled the United States Military Assistance Command in Vietnam, and the last U.S. combat troops departed Vietnam. On and around this same day, Hanoi released the last of its acknowledged Prisoners of War. The signing of the declaration celebrated the 50th anniversary of this historical event. Only U.S. embassy personnel and support staff remained in South Vietnam until the fall of Saigon on April 30, 1975.

March 29th... National Vietnam War Veterans Day.
Hang your flag in Honor!

To all Vietnam War Veterans,
Thank You and Welcome Home!



Name: Major General Kent Hillhouse, U.S. Army (Ret.)

**Years of Service during the Vietnam War:
August 1967 – July 1968**

**Position and Branch of Service during the Vietnam War:
LT Platoon Leader 11th Armored Cavalry Regiment, Army**

**Where were you deployed:
I Corps and III Corps**

**MAJ GEN Kent Hillhouse,
US Army (Ret.)
Foundation President
Veterans Memorial &
Support Foundation**



What caused you to join the military:

I joined ROTC to avoid the draft so that I could graduate from San Jose State prior to entry into the Army.

**Major General Hillhouse U.S. Army (Ret.)
Vietnam War Veteran
Foundation President
Veterans Memorial &
Support Foundation**





Most significant memory of your time in Vietnam:

I felt guilty leaving my unit in Vietnam and my friends had to stay and continue fighting. Strong bonds are created across fellow soldiers while serving in a “*point of the spear*” unit. Evidence of that is the fact that those strong bonds have continued to last decades later and continue to exist today.

MAJ GEN Kent Hillhouse,
US Army (Ret.)
Foundation President
Veterans Memorial &
Support Foundation



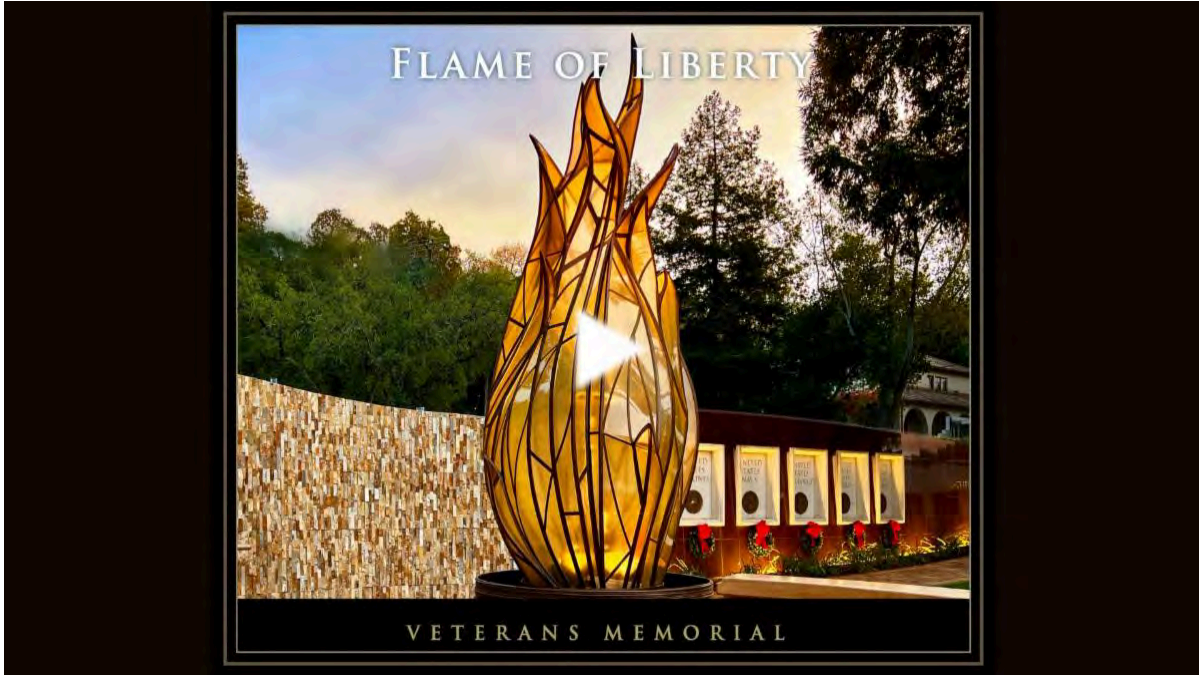
*What do you wish
civilians understood
about military service?*

*“It was an honor for me
to serve my country.
Soldiers are proud of
their service.”*

Major General Hillhouse U.S. Army (Ret.)
Vietnam War Veteran
Foundation President
Veterans Memorial &
Support Foundation



Didn't serve then? Serve today! Tap here to join our volunteer community.



Contact Us

1-833-466-6728

OR

1-833-HonorAVet

Email:

HonorAVet@gmail.com



Veterans Memorial & Support Foundation | 481 North Santa Cruz, #250 | Los Gatos, CA 95030 US

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VETERANS, VALOR AND VISION:

Stand Up for Freedom

Veterans Memorial & Support Foundation Executive Board Member, Ellen Manzo

OUR JOURNEY

THEN...

In 2009, I was privileged to visit Fort Sam Houston in San Antonio, Texas. Our mission was simple: to bring a taste of home to 1,000 Wounded Warriors and their caregivers. It was there that I came face-to-face with the harsh realities of war. Thirteen soldiers, all veterans of Iraq or Afghanistan, passed through my BBQ buffet line, each missing three limbs due to the devastating effects of landmines. One young warrior, whose name I'll never know, made a lasting impression. His once six-foot-tall, handsome figure was burned from the chest up, now unrecognizable. I offered him an ice cream at the dessert table. He looked at me and politely said, "Thank you, Ma'am, but I'm sorry, I can't swallow it."

That moment has stayed with me ever since. As someone who spent my career in sales, I couldn't help but wonder how that young man must feel. How many sleepless nights did he lie awake in cold sweats, wondering who would ever want to date him again? How would he be able to sit across from clients in any future career? That thought consumed me during my flight home.

Since then, I've traveled to Fort Sam on multiple occasions and other American military bases worldwide. My family has a proud history of military service—my father, six uncles and Grandfather all volunteered to serve in World War II. Listening to the stories of today's veterans and service members has deepened my understanding of my own family's legacy and increased my respect for the family members who served—irrespective of whether they were privates or colonels, war heroes, or, as in the case of one family pilot whose sacrifice was his last act of devotion. Through this journey, I've also come to appreciate the families of our service members. One of my uncles, an Army Air Corps pilot, was shot down over Italy just three weeks before the war ended—a memory that never left my grandparents' hearts. I've learned firsthand that it's not



Delivering a "taste from home" to Wounded Warriors at Fort Sam Houston, San Antonio Texas.



just the person wearing the uniform who serves—it's their families, too.

That was the beginning of my journey. And fortunately, in 2012, I met several community members who shared my passion and were determined to do something meaningful for these deserving service members and veterans at home base in Silicon Valley.

The Veterans Memorial & Support Foundation – Our History.

Over a dozen years ago, a group of individuals gathered around a board table with a shared desire to support America's active service members and veterans, particularly those returning from deployments to the Middle East and adjusting to life back in the U.S. We recognized that America's tax dollars and VA benefits alone couldn't provide full support for these deserving individuals. As a result, our team outlined a threefold mission:

1. Support America's active military service members, veterans, and their families.
2. Educate the public about the sacrifices made by those who serve.
3. Build a world-class memorial that delivers honor and gratitude and promotes healing for America's military members.

One of our Vietnam veterans shared his story about how he had to ditch his uniform at Los Angeles Airport upon his return from Vietnam so no one would know he had served. He feared encountering Vietnam War protestors leading to trouble. We also heard from other veterans around the table who had similar experiences. We learned how many of our Vietnam veterans whose lives were interrupted by the draft and who risked everything in combat, returned home only to face an



Fort Sam Houston... where service members and families learn to launch a new life given the tragedies of war.



ungrateful public. We realized these veterans could greatly benefit from a public expression of gratitude.

We also listened to the stories of parents, including those of Special Operations members, who didn't know where their loved ones were serving, when they would return, or if they would ever come back. Ultimately, we all brought our own experiences—as veterans, family members of veterans, or patriotic citizens—to the table.

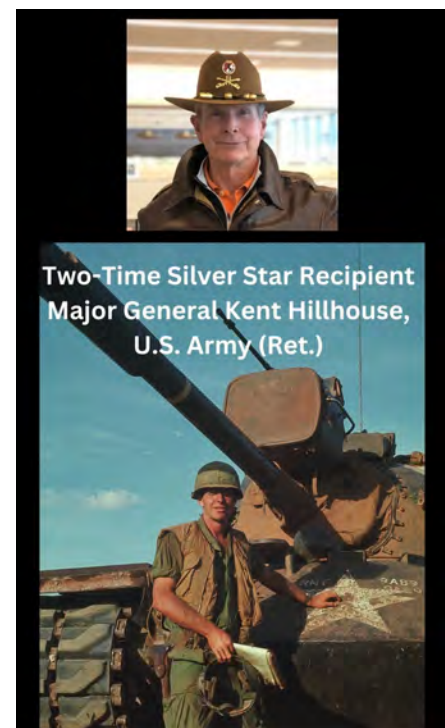
While we were fortunate to be in the heart of one of our country's greatest economic centers—Silicon Valley, our team soon realized that our goals were built on little more than a wish and a prayer given our limited resources. We understood that it was unrealistic to think that only a dozen of us could summon the financial support needed to make a meaningful impact in helping our veterans.

So, we decided to flip the sequence of our goals upside down. The plan was simple yet powerful. We firmly believed that a successful capital campaign would generate the local support needed to provide the programmatic resources essential for improving the lives of veterans.

1. Build a veterans memorial first, reaping the triple benefit of honoring our veterans, creating a venue for community events on patriotic holidays, and providing 24/7 education—regardless of Foundation member presence.

2. Launch a capital campaign that would raise funds while educating the public on the needs of America's warriors, achieving two goals simultaneously.

3. Act with speed. The unexpected lesson learned throughout our journey was that veteran memorials are far more than bricks and mortar—they often serve as catalysts for healing and provide emotional mending

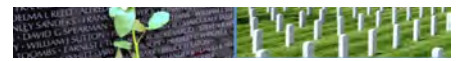


for those who've served. The team realized that the sooner we could construct a memorial, the sooner the healing process could begin, especially for those returning from Middle East deployments.

Six years, six days, six months.

In 2012, several of us presented the concept of a Veterans Memorial to the Los Gatos Town Council and received a unanimous vote of approval. We thought we were home free. But, as history showed, it was hardly time to celebrate. With its broad community implications, we quickly realized that this endeavor required us to sell the concept repeatedly. Below is a partial sample of what it took to get to “yes”:

- two national arts challenges, featuring numerous competing artists from across the country;
- countless hours working alongside memorial designers, architects, landscape artists, and contractors—including mechanical, electrical, and plumbing specialists, structural and civil engineers, excavation teams, and concrete and paving experts;
- many meetings with the Town of Los Gatos Arts Commission, the Building Planning Department, and stakeholders;
- a minimum of five presentations to the Town Council;
- 25 third party conducted formal, hour-long one-on-one surveys of influential and affluent locals to assess the marketability of our concept;
- a multi-faceted marketing campaign utilizing print, video, and social media, which included for example, over 59 unique articles spanning 160 pages in magazine print alone offering insights into local veteran profiles, the needs of our armed forces' service members, and memorial-related news;
- presentations to a multitude of outreach organizations within the Town of Los Gatos;
- a public vote on the top two design concepts with participation from Arts Commission members, town



Many Vietnam War Veterans had life interrupted by a draft only to return home to what they perceived as an ungrateful nation. Michael Frangadakis (top) and General Kent Hillhouse (standing in front of the tank,) are just two of several Vietnam War Veterans adorning the Veterans Foundation committee table.



U.S. Army Ranger Communications Specialist relays the story of transitioning to civilian life at home following 5 tours in the Middle East.



“Serving is a family affair.” Parents of this service member understand what it is like to never know where a family member is serving, when he/she will return home, if they return home. They relay that story to educate the public.



stakeholders, Town Council members, the general public, and our board; and

- hours of work and deliberation at our own table, encompassing six years of concerted effort and beyond.

By December 2018, we finally had Town-approved building plans for a world-class veterans memorial.

Our artist, Frank Kocian Morris, was a nationally recognized Renaissance-like talent skilled across all mediums—oil portraits, graphic illustrations, and public art. He won too many national first-place awards to list in the space of this article. The U.S. Treasury selected Mr. Morris for the prestigious position of Master Designer for the U.S. Mint thanks to his award-winning coin designs. And the emotion in his memorial design reflected not only his military service but also that of his Vietnam War veteran brother.

In six days following the approval of our building plans, the Foundation organized a media groundbreaking event that included public officials, contractors, and the media.

In less than six months on June 15, 2019, the Foundation hosted a premier dedication ceremony in which we unveiled the memorial with an audience of over 1500 thanks to the efforts of general contractor Devcon, the superior contractors devoted to the project, and a very dedicated 100% volunteer board. Presenting at our podium were our keynote speaker, the 25th National Security Officer to the President - General H.R. McMaster U.S. Army (Ret.), prominent California government officials, high-level military members, veterans, parents of two local 9/11 heroes, major donors,



Members of the Inaugural Board of Directors gather outside our temporary and appropriately American flag dressed headquarters at 25 Main St. Los Gatos, on prior loan to the Foundation thanks to the generosity and artistic talent of the Leonardis family.



October 4, 2012 - Birth of a Foundation. Board Members of Veterans Memorial & Support Foundation meet with Attorney Bays to file the business within the State of California.



special guests, and our own very proud board members.

The Flame of Liberty Memorial honors America's active military service members, veterans, first responders—firefighters, police officers, and EMTs—as well as two Silicon Valley 9/11 heroes: Todd Beamer and Mark Bingham, passengers aboard United Flight 93, who staged the first civilian counterattack on that tragic day in America's history. Had it not been for their efforts, Flight 93 would have crashed into the United States Capitol, bringing the government to a standstill at a time when critical action was needed.

Today, the Foundation, which successfully raised funds to cover the construction costs of *The Flame of Liberty Memorial*, now focuses on raising funds to maintain the memorial and, more importantly, to support the Yellow Ribbon programs that address the needs of today's local veterans. The Foundation:

- Hosts educational events at *The Flame of Liberty Memorial*.
- Holds weekly Friday morning veteran support breakfasts chaired by a California-licensed therapist, Vietnam War veteran, and Purple Heart recipient, providing a space for veterans to discuss issues of interest and emotional healing.
- Conducts celebration-of-life tributes at *The Flame of Liberty Memorial* in honor of departed veterans, offering healing for their families.
- Partners with the Irreverent Warriors organization to host a daylong hike that blends humor, lectures, and physical activity, offering veterans a valuable opportunity to connect with one another—an important element in the fight against veteran suicide.
- Supports long-term care patients and their families at the Palo Alto VA hospital, supporting those



Our fundraising booth was and continues to be a prominent fixture at community events and gatherings to inform the public of our worthwhile initiative. Pictured above is Board Member Diane Chandler who leads our booth presence.



And the winner is.... Following two national arts challenges, award winning and nationally recognized artist Frank Kocian Morris - who works in multiple mediums and held the very coveted recognition of having been chosen by the U.S. Treasury as a Master Designer for the U.S. Mint, receives word that his design won the greatest number of

whose care plans sometimes require years away from home.

- Creates and delivers care packages for America's service members on deployment.
- Partners with Silicon Valley schools, where foundation veterans educate students about their military experiences.
- And celebrates the contributions of America's Greatest Generation (WWII veterans) and veterans of all ages at assisted living facilities.

During the recent presidential election, I couldn't help but think about the intense focus on the enormous sums of money pouring into media outlets to promote presidential candidates and their promises to the public. Promises... hmmm. In contrast, I thought about how the members of our Foundation have dedicated over a decade of voluntary service. I reflected on the support from our generous donors. And the difference is that we made the choice to support those who *have already delivered*. And what better gift than to express gratitude and support for America's guardians of liberty—our active service members and veterans—who have defended the freedoms we enjoy for more than 200 years?

Peace.

OUR JOURNEY - NOW

YELLOW RIBBON INITIATIVES



votes from Town Council members, local stakeholders and the general public for the Foundation's veterans memorial.



Foundation Board members review building plans. George Hall (far left) is the Foundation V.P. and to his right is John Lochner - former two-time mayor for Los Gatos. George and John were leads in the construction of the memorial.



It's Time to Build and We Want You In!
By Stephen Guruwaiya and Ellen Manzo



Foundation Members have the opportunity to "break ground" along

TODAY, the Veterans Memorial & Support Foundation focuses on maintaining our Flame of Liberty Memorial and more importantly, our Yellow Ribbon initiatives bringing a brighter future to our active service members, veterans and their families.



Since 2012, Foundation Veterans share their service experiences with middle school students in the days leading up to Veterans Day, offering valuable insights of their military service through personal interviews.



with major contractors.

Six years - 2012 till late Dec. 2018 - Obtain approval for a Veterans memorial on the Civic Center lawn in Los Gatos.

Six days - Jan 4, 2019. A groundbreaking ceremony takes place six business days following final approval of the building plans to occur in the presence of government officials, military officers, the Los Gatos Town Council, the Foundation Board and members of the media.

Six months - June 15, 2019. The Flame of Liberty is completed and unveiled and the Foundation hosts a highly attended world class memorial dedication ceremony.



The Veterans Foundation is dedicated to educating others about the sacrifices made by those who served. This includes honoring America's 'Greatest Generation' who lived through WWII, while also educating future generations about their legacy.



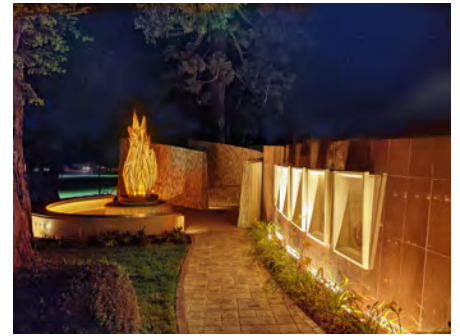
with
Clyde Horn, PhD

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Phone 833-HonorAVet
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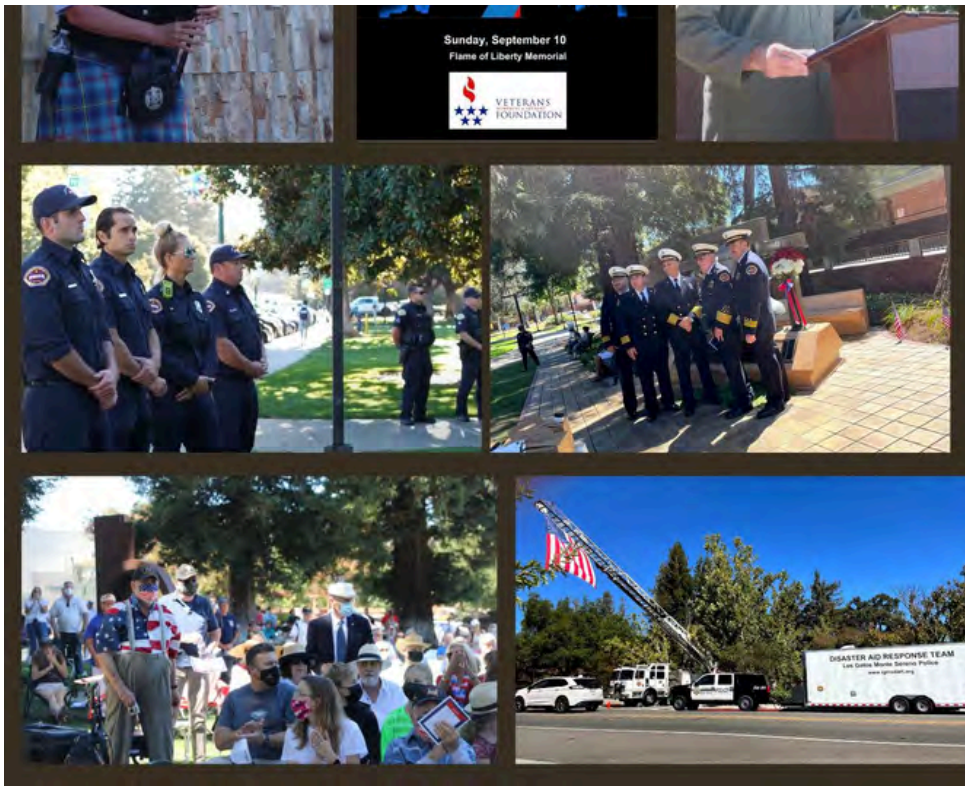


At the heart of the Flame of Liberty stands the Soldiers Cross, a tribute to fallen heroes, constantly reminding us that "We are free because of the brave. Freedom is not free."

Dr. Clyde Horn, a Vietnam War Army Infantry Veteran, licensed therapist, and Board Member, hosts a Veteran Support Breakfast every Friday morning. During these meetings, veterans come together to discuss issues of interest and explore topics related to emotional healing.



The Flame of Liberty Memorial Dedication Ceremony was attended by dignitaries, government officials, veterans, parents of local 9/11 heroes, military officers, and over 1500 patriotic citizens who were excited to see the memorial come to life. Per Congresswoman Anna Eshoo "This ground is now a 'sacred place.'"



General H.R. McMaster - Former National Security Advisor to the President as the keynote.



President General Kent Hillhouse, former Mayor Steve Leonardis, and Board Advisor Francis J. Harvey, the 19th Secretary of the U.S. Army, celebrate a 'Mission Accomplished' at the unveiling of the Flame of Liberty Memorial on June 15, 2019.

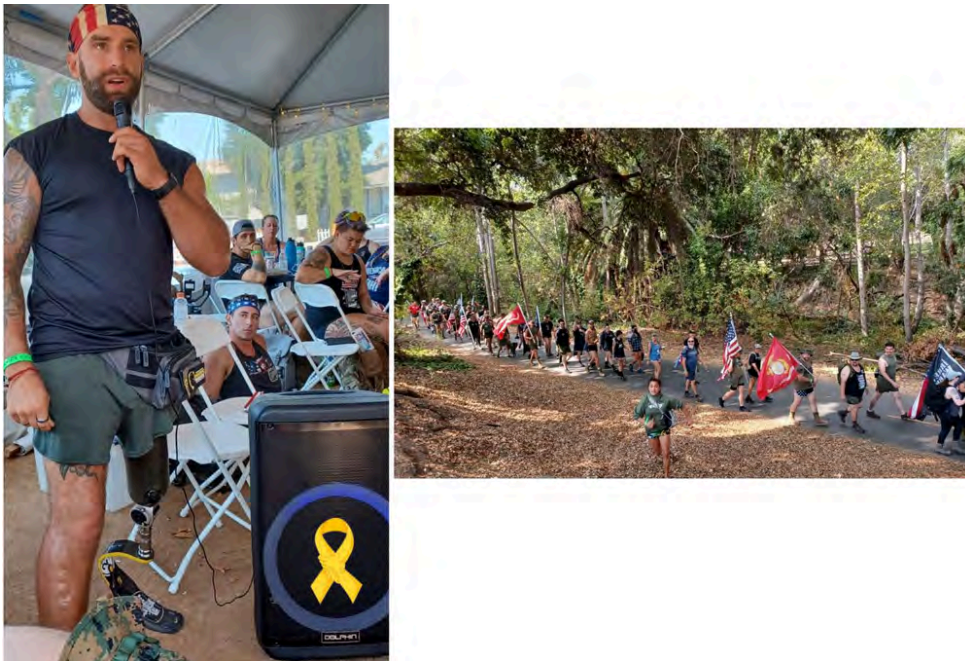


The Veterans Foundation honors the survivors, victims and two local heroes - Mark Bingham and Todd Beamer, at its 9/11 Tribute. Audience members hear the stories of the first responders who answered America's call on one of the most tragic days in recent American history.





Operation Care & Comfort packages are gathered and sent to deployed military. Board Member Jack Hardin is a representative Foundation member partnering with the Operation Care & Comfort nonprofit.



The Silkies Hike - Irreverent Warriors & the Veterans Foundation hit the Los Gatos Trail where humor, lectures & networking take a bite out of suicide.

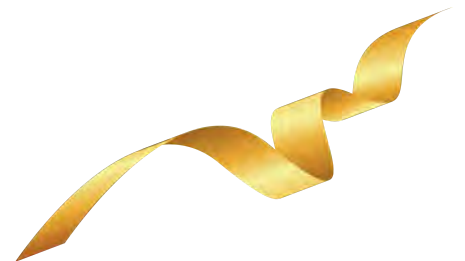
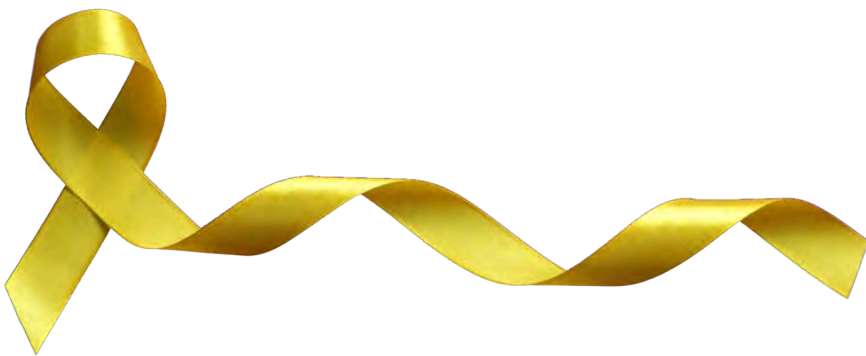


Foundation Board Members celebrate our veterans of all conflicts - WWII, Korean War, Vietnam War, War on Terror, and at home base. Pictured above, LT COL Walker

Pearce-Percy leads the discussion on Memorial Day at the Terraces Assisted Living community in Los Gatos, CA.



Wayne Heimsoth is one example of our Board members, with 9 years and 1,218 hours of dedicated volunteer service, highlights the ongoing commitment of Foundation members. Board members consistently support patients at the Palo Alto VA through companion care, contributions to healing gardens, provision of Fisher House supplies, and the donation of clothing and personal items.



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<https://honoravet.org>

Clyde Horn, Ph.D., is a California-licensed semi-retired therapist. Horn is also a Vietnam Veteran and Purple Heart recipient. He was in combat infantry in the U.S. Army and knows all too well what it is like to be constantly vigilant looking left, looking right, looking down, up, and behind, to avoid bullets, land mines, booby traps, and surprise attacks in the war zone jungles of Vietnam.

When Horn returned to California following his wartime service, he discovered that the Veterans Administration did not support most Veterans and had no diagnosis for Post-Traumatic Stress Disorder (PTSD) until the 1980s. It wasn't until years later that he discovered cornerstones of assistance for Veterans.

In August of 2019, the Veterans Memorial & Support Foundation gave Horn and fellow Veterans the Flame of Liberty Memorial. At the memorial, Horn could reflect, meditate, and calm the noise of war, which helped him have hope. Today, Horn is a Veterans Memorial & Support Foundation board member. It was through the Veterans Foundation that he found other Veterans who spoke the same language.

Every Friday morning, Horn and fellow Veterans from nearby communities attend the Veterans Support Breakfasts, a program sponsored by the Veterans Memorial & Support Foundation. The meetups offer Veterans an opportunity for meaningful discussions tailored to their unique experiences of military service. The gatherings provide a venue, where America's heroes can connect, overcome trauma, learn ways to defuse PTSD, exchange tips on navigating the Veterans Administration disability system, and rebuild.

What We Offer:

- Empowering Conversations:

Engage in discussions that matter—addressing challenges, celebrating victories, and exploring topics of interest to Veterans.

- Emotional Healing:

Discover a safe space to find understanding and support each other.

- Shared Wisdom:

Benefit from the collective experience of fellow Veterans who genuinely understand your path.

Today, Horn uses his journey of experience and professional expertise to help others overcome personal struggles. “Giving back,” says Horn, “reciprocally helps me heal.”

If you’re a Veteran, know that you can get support. Many agencies offer help, but Horn states, “Being with other Veterans is key to sharing a language and connecting.” His advice? “Do not isolate. Do not be alone. Find a support system. If you know of other Veterans, seek them out, and you will have a group that understands and supports you.”

Join us to reclaim your strength and build lasting connections. Together, we can navigate the road to healing, and support each other through every step.

Your Journey Matters. Let’s Walk It Together.

All gave some, some gave all. Please support those who bravely served to protect our freedom by donating to the Veterans Memorial & Support Foundation. We provide Care and Comfort packages to military members on deployment, homelessness assistance and mental health initiatives, among many other services in support of the Veteran community. For more information on how to donate, join our nonprofit organization, or register for our Veterans Support Breakfasts please call us at **833-HonorAVet** or visit our **website, honoravet.org** and tell us your story! Your support is essential to our ongoing success.

***ELLEN MANZO** is a Veterans Memorial & Support Foundation Executive Board Member who has volunteered her time, talent and treasure to the Veterans Memorial & Support Foundation since its founding in 2012.*



UPCOMING EVENTS

Veterans Memorial & Support Foundation

Calendar Highlights

[Note: The information provided is the best available as of the release of this calendar.]

ONGOING EVENTS:

FRIDAY MORNINGS - VETERANS SUPPORT BREAKFASTS

Register to attend and join us!



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MEMORIAL & SUPPORT
FOUNDATION

Where Courage and
Compassion Intersect.

CALENDAR EVENTS:

MAR 29 - ANNUAL VIETNAM WAR VETERANS DAY





The Veterans Memorial & Support Foundation salutes all **VIETNAM WAR VETERANS** this month. *DID YOU KNOW...*

In 2012, President Obama signed a presidential proclamation designating March 29 as the annual observance of National Vietnam War Veterans Day. March 29 is a fitting choice for honoring Vietnam Veterans. On March 29, 1973, America dismantled the United States Military Assistance Command in Vietnam, and the last U.S. combat troops departed Vietnam. On and around this same day, Hanoi released the last of its acknowledged Prisoners of War. The signing of the declaration celebrated the 50th anniversary of this historical event. Only U.S. embassy personnel and support staff remained in South Vietnam until the fall of Saigon on April 30, 1975.

March 29th... National Vietnam War Veterans Day.
Hang your flag in Honor!

To all Vietnam War Veterans,
Thank You and Welcome Home!



APR 11 - 13 Autorama Car Show

At Santa Clara County Fairgrounds (April 11-13) in support of the annual San Jose Veterans Day Parade

The Veterans Memorial & Support Foundation will be present at the event on April 12 to join and support M.O.A.A. (Military Officers Association of America,) in its efforts to raise funds for the annual Veterans Day Parade. Come stop by our table and say hello! Meet our members!



Presenting The Premier Indoor Automotive Exhibition Benefiting Our Veterans
100% Of All Autorama Event Proceeds Benefit Our Veterans

Hosted by Military Officers Association of America Silicon Valley Chapter (MOAA-SVC)

APRIL 11-13, 2025
SANTA CLARA COUNTY FAIRGROUNDS - EXPO HALL

FEATURED ATTRACTIONS

- Grand Opening Ceremony Featuring The 129th Rescue Wing Honor Guard Presentation of Colors & National Anthem (Saturday at noon)
 - Premium Indoor Car Exhibition
 - Bicycle And Model Car Displays
 - Live Musical Entertainment
 - Peer-Judged Car Awards
 - Diverse Vendor Marketplace
 - RC Car Displays

Special Outdoor Features: • Premium Grass Parking For Vintage, Classic, and Custom Cars
Welcome to Car Clubs and Groups • Casual Car Show And Picnic Area

EVENT SCHEDULE

FRIDAY, APRIL 11

- Exhibitor Setup: 9:00 AM - 5:00 PM
- Public Hours: 5:00 PM - 9:00 PM

SATURDAY, APRIL 12

- Public Hours: 10:00 AM - 9:00 PM • Judging: 10:00 AM - 1:00 PM

SUNDAY, APRIL 13

- Public Hours: 9:00 AM - 2:00 PM • Event Conclusion And Checkout: 2:00 PM

For Registration And Event Information, Please Scan The QR Code Below, or go to:

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americanveterans2025autorama.com



Questions? Please email us at: Coolcars55@sbcglobal.net

Event Produced by Mike Hennessy And
Military Officers Association Of America - Silicon Valley



MAY 11 - MOTHERS DAY

The Veterans Memorial & Support Foundation Salutes All Mothers and in particular, our Kick-Ass Mothers in Service, Veteran Mothers and Mothers of active military! After all, the Veterans Memorial & Support Foundation recognizes that when one individual in a family wears a uniform, all members of that family “serve.”





WWII WASP, MOTHER, Gold Congressional Medal Recipient, and Former Los Gatos Resident Barbara Squire
RIP Barbara



MAY 24 - SHOP FOR A CAUSE AT J MCLAUGHLIN'S

J McLaughlin's

11:00 AM - 5:00 PM

17 ½ North Santa Cruz Ave., Los Gatos, CA 95030



A Day to Honor, A Day to Give
at
J. McLaughlin



Sip, Shop and Celebrate Spring!

May 24 - 11:00AM - 5:00PM
17 1/2 North Santa Cruz Ave., Los Gatos CA

10% of All Sales Will be Donated to the
Veterans Memorial & Support Foundation
to
Improve the Lives of Veterans.

Honor their Service. Shop with a Purpose!

MAY 24 - MEMORIAL DAY TRIBUTE AT MOFFETT FIELD



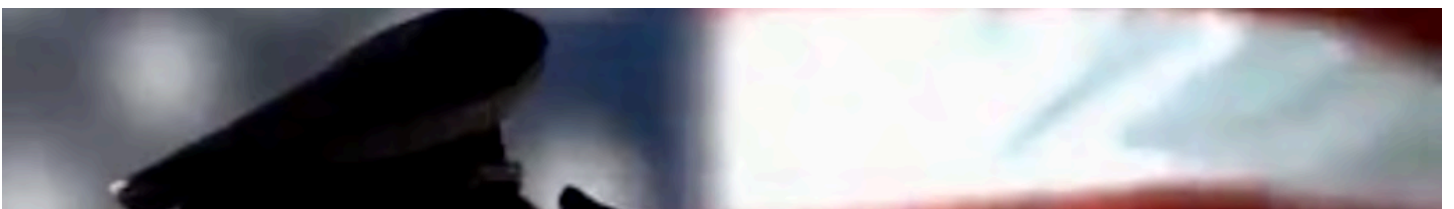


- A pre-Memorial Day event to honor Veterans, is planned for Friday, May 24 (Memorial Day is May 26).
- 11 AM to 12 PM.
- Held near the historical museum at Moffett Field.
- Public invited.
- Volunteers are invited to arrive at 9 AM. Volunteers wanted. Let us know if you'd like to join.
- Free food and drinks will be provided to volunteers.
- Stay tuned for future details on the Veterans Memorial & Support Foundation Facebook Page:

[!\[\]\(3a826c315649e5ff8d9ba7aee7a8e49e_img.jpg\) **Veterans Memorial & Support Foundation | Los Gatos CA**](#)

Moffett Federal Airfield, also known as **Moffett Field**, is a joint civil-military airport located in an unincorporated part of Santa Clara County, California, United States, between northern Mountain View and northern Sunnyvale.

MAY 26 - 2025 MEMORIAL DAY CELEBRATION AT
OAK HILL CEMETERY





300 Curtner Ave,
San Jose, CA, 95125

1100 Hours

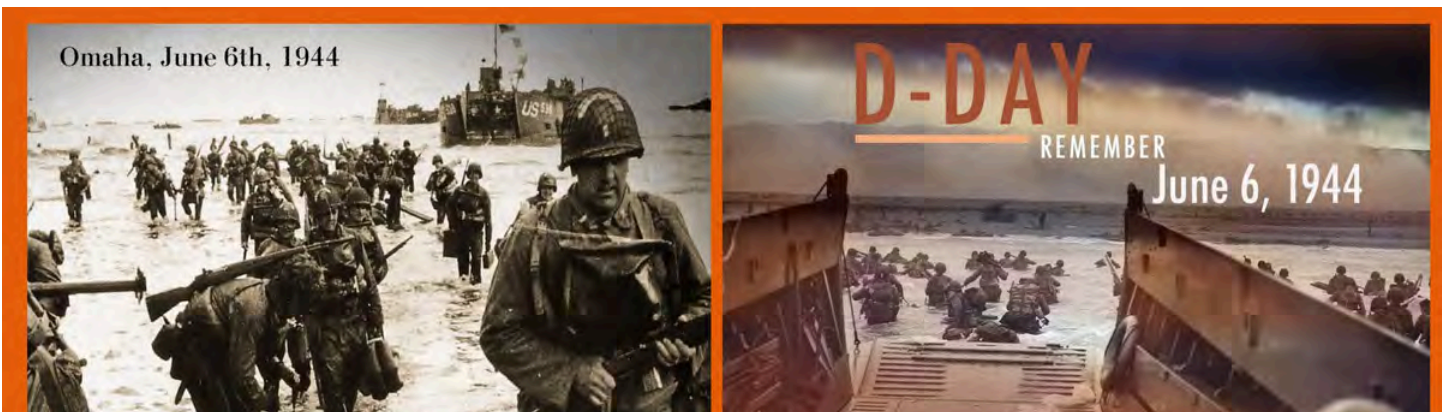
Historic military vehicles will be onsite compliments of the Eagle Field Foundation.

Stay tuned for details on the Veterans Memorial & Support Foundation Facebook Page:

 **Veterans Memorial & Support Foundation | Los Gatos CA**

and website: <https://honoravet.org/our-events/>

JUN 6 - ANNIVERSARY OF WWII's D-DAY





Watch for our coverage of WWII Veterans - also known as members of the World's Greatest Generation, on the Veterans Memorial & Support Foundation Facebook and Instagram pages during the month of June!



CLYDE'S CORNER--TRAUMA

Trauma is a life-changing catastrophic event in a person's life. It takes over the mind and body, imprinting deep into the soul. It goes beyond the self to others around you in negative ways. Those who've experienced long-term child abuse, rape, witnessing the killing of others, violent car accidents, life in a war-torn country, war violence, and domestic abuse are also likely to experience Post Traumatic Stress Disorder or "PTSD").

PTSD symptoms are many. Some include:

1) Intrusive memories of the trauma that won't go away, 2) nightmares or night terrors, 3) flashbacks to the event that can occur anytime, anywhere, 4) negative thinking, 5) deep internalized anger, 6) feeling unsafe, 7) feeling detached, and estrangement from others 8) hypervigilance, 9) concentration problems, and 10) feeling depersonalized.

Trauma can disable a person, and panic attacks are common.

It took me years to address my war trauma because there were no services for soldiers when I returned from Vietnam in 1968. Medical professionals previously identified individuals experiencing the symptoms referenced above as having an anxiety disorder, and it wasn't until the 1980s that physicians, psychologists, and psychiatrists formally diagnosed those symptoms as Post Traumatic Stress Disorder under the category of trauma.

Anyone with PTSD needs several support systems. One of those is getting professional help. Many of those with PTSD wait to get help but experience numbness to the extent that they block themselves from seeking the help they need. I spent many years failing to get the help I needed until I realized that it is a strength rather than a weakness and takes courage to ask for help. Most importantly, you need to know that there is hope.

Blessings.